



## Helpful Web Sites

[www.tuftshealthplan.com](http://www.tuftshealthplan.com)   [www.maps.yahoo.com](http://www.maps.yahoo.com)   [www.randmcnally.com](http://www.randmcnally.com)  
[www.mapquest.com](http://www.mapquest.com)   [maps.google.com/maps](http://maps.google.com/maps)   [www.MBTA.com](http://www.MBTA.com)

---

## From the West on the Mass Pike

Take the Mass Pike (Route 90) east to Exit 17-Newton Corner/Watertown. At the top of the exit ramp, get into the center lane and pass the Crowne Plaza hotel on your left. Following signs to Watertown and Cambridge, go straight on Galen Street. As you approach Watertown Square, get in the right lane. Go straight at the intersection; you are now on Mt. Auburn Street (also called Route 16). Continue straight on Mt. Auburn St. for approximately 1.5 miles and look for our 7-story brick building with a flagpole on the roof. Just before the building, turn right onto Arlington Street. Bear left at the fork/island onto Grove Street and turn left to enter the parking area behind the building. It is approximately 2.5 miles from where you exit the Mass Pike at Newton Corner to Tufts Health Plan.

---

## From the East on the Mass Pike

Take the Mass Pike (Route 90) west to Exit 17-Newton Corner/Watertown. From the exit ramp, stay to the right. Following signs for Watertown and Cambridge, go straight on Galen Street. As you approach Watertown Square, get in the right lane. Go straight at the intersection; you are now on Mt. Auburn Street (also called Route 16). Continue straight on Mount Auburn St. for approximately 1.5 miles and look for our 7-story brick building with a flagpole on the roof. Just before the building, turn right onto Arlington Street. Bear left at the fork/island onto Grove Street and turn left to enter the parking area behind the building. It is approximately 2.5 miles from where you exit the Mass Pike at Newton Corner to Tufts Health Plan.

---

## From Cambridge on Memorial Drive

Follow Memorial Drive west until it ends. Follow the left fork, then stay to the right at the Buckingham Browne & Nichols School to enter Greenough Boulevard (the Charles River is on your left). Follow Greenough Blvd. approximately .75 miles and turn right on to Grove Street. Follow Grove St. approximately .7 miles and turn right into the Tufts Health Plan area.

---

## From Cambridge on Soldiers Field Road

Going west on Soldiers Field Road, pass the Harvard University fields on the left and at the blinking light, bear right. Go over the Eliot Bridge and bear left at the fork. At the light, go straight on to Greenough Boulevard (the Charles River is on your left). Follow Greenough Blvd. approximately .75 miles and turn right on to Grove Street. Follow Grove St. approximately .7 miles and turn right into the Tufts Health Plan area.

---

## From the North

Take Route 93 South to the Mass Pike (Route 90) West to Exit 17-Newton Corner/Watertown. Follow directions above under "**From the East on the Mass Pike.**"

---

## From the South

Take Route 95 North to Route 128 North to the Mass Pike (Route 90) East to Exit 17-Newton Corner/Watertown. Follow directions above under "**From the West on the Mass Pike.**"

---

## From Cape Cod

Take Route 3 North to Route 93 North to the Mass Pike (Route 90) West to Exit 17-Newton Corner/Watertown. Follow directions above under "**From the East on the Mass Pike.**"

---

## From the MBTA

Using public transportation, take the Red Line to Harvard Square. Take Bus #71 toward Watertown Square. The bus stops in front of the Tufts Health Plan offices on Mt. Auburn Street.